

## Lord's Day 16

*Suggested Devotional Readings Prior to Class*  
*2 Thessalonians 1:3-12, Romans 3:19-28, Mark 9:38-50*

### **QUESTION 40.**

**Why was it necessary for Christ to humble Himself even unto death?**

ANSWER. Because of the justice and truth of God<sup>1</sup> satisfaction for our sins could be made in no other way than by the death of the Son of God.<sup>2</sup>

### **QUESTION 41.**

**Why was he buried?**

ANSWER. His burial testified that He had really died.<sup>1</sup>

### **QUESTION 42.**

**Since Christ has died for us, why do we still have to die?**

ANSWER. Our death is not a payment for our sins, but it puts an end to sin and is an entrance into eternal life.<sup>1</sup>

### **QUESTION 43.**

**What further benefit do we receive from Christ's sacrifice and death on the cross?**

ANSWER. Through Christ's death our old nature is crucified, put to death, and buried with Him,<sup>1</sup> so that the evil desires of the flesh may no longer reign in us,<sup>2</sup> but that we may offer ourselves to Him as a sacrifice of thankfulness.<sup>3</sup>

### **QUESTION 44.**

**Why is there added: He descended into hell?**

ANSWER. In my greatest sorrows and temptations I may be assured and comforted that my Lord Jesus Christ, by His unspeakable anguish, pain, terror, and agony, which He endured throughout all His sufferings<sup>1</sup> but especially on the cross, has delivered me from the anguish and torment of hell.<sup>2</sup>

## **Proof Texts for Lord's Day 16**

### **Lords Day 16 [Q&A 40.1]**

*Genesis 2:17* "...but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die."

### **Lords Day 16 [Q&A 40.2]**

*Romans 8:3* For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh;

*Philippians 2:8* And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross;

*Hebrews 2:9, 14, 15* But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone. . . . Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong slavery.

### **Lords Day 16 [Q&A 41.1]**

*Isaiah 53:9.* And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth;

*John 19:38-42* After these things Joseph of Arimathea, who was a disciple of Jesus, but secretly for fear of the Jews, asked Pilate that he might take away the body of Jesus, and Pilate gave him permission. So he came and took away his body. Nicodemus also, who earlier had come to Jesus by night, came bringing a mixture of myrrh and aloes, about seventy-five pounds in weight. So they took the body of Jesus and bound it in linen cloths with the spices, as is the burial custom of the Jews. Now in the place where he was crucified there was a garden, and in the garden a new tomb in which no one had yet been laid. So because of the Jewish day of Preparation, since the tomb was close at hand, they laid Jesus there;

*Acts 13:29* And when they had carried out all that was written of him, they took him down from the tree and laid him in a tomb;

*I Corinthians 15:3,4* For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures.

### **Lords Day 16 [Q&A 42.1]**

*John 5:24* Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but has passed from death to life;

*Philippians 1:21-23* For to me to live is Christ, and to die is gain. If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell. I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better;

*I Thessalonians 5:9, 10* For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, who died for us so that whether we are awake or asleep we might live with him.

### **Lords Day 16 [Q&A 43.1]**

*Romans 6:5-11* For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin. Now if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus;

*Colossians 2:11, 12* In him also you were circumcised with a circumcision made without hands, by putting off the body of the flesh, by the circumcision of Christ, having been buried with him in baptism, in which you were also raised with him through faith in the powerful working of God, who raised him from the dead.

### **Lords Day 16 [Q&A 43.2]**

*Romans 6:12-14* Let not sin therefore reign in your mortal body, to make you obey its passions. Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. For sin will have no dominion over you, since you are not under law but under grace.

### **Lords Day 16 [Q&A 43.3]**

*Romans 12:1* I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship;

*Ephesians 5:1, 2* Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

### **Lords Day 16 [Q&A 44.1]**

*Psalms 18:5, 6* ...the cords of Sheol entangled me; the snares of death confronted me. In my distress I called upon the LORD; to my God I cried for help;

*Psalms 116:3* The snares of death encompassed me; the pangs of Sheol laid hold on me; I suffered distress and anguish;

*Matthew 26:36-46* Then Jesus went with them to a place called Gethsemane, and he said to his disciples, "Sit here, while I go over there and pray." And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me." And going a little farther he fell on his face and prayed, saying, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will." And he came to the disciples and found them sleeping. And he said to Peter, "So, could you not watch with me one hour? Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak." Again, for the second time, he went away and prayed, "My Father, if this cannot pass unless I drink it, your will be done." And again he came and found them sleeping, for their eyes were heavy. So, leaving them again, he went away and prayed for the third time, saying the same

words again. Then he came to the disciples and said to them, “Sleep and take your rest later on. See, the hour is at hand, and the Son of Man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand.”;

*Matthew 27:45, 46* Now from the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lema sabachthani?” that is, “My God, my God, why have you forsaken me?”;

*Hebrews 5:7-10* In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence. Although he was a son, he learned obedience through what he suffered. And being made perfect, he became the source of eternal salvation to all who obey him, being designated by God a high priest after the order of Melchizedek.

### **Lords Day 16 [Q&A 44.2]**

*Isaiah 53* *Who has believed what he has heard from us?*  
And to whom has the arm of the Lord been revealed?  
For he grew up before him like a young plant,  
and like a root out of dry ground;  
he had no form or majesty that we should look at him,  
and no beauty that we should desire him.  
He was despised and rejected by men,  
a man of sorrows, and acquainted with grief;  
and as one from whom men hide their faces  
he was despised, and we esteemed him not.

Surely he has borne our griefs  
and carried our sorrows;  
yet we esteemed him stricken,  
smitten by God, and afflicted.  
But he was pierced for our transgressions;  
he was crushed for our iniquities;  
upon him was the chastisement that brought us peace,  
and with his wounds we are healed.  
All we like sheep have gone astray;  
we have turned—every one—to his own way;

and the Lord has laid on him  
the iniquity of us all.

He was oppressed, and he was afflicted,  
yet he opened not his mouth;  
like a lamb that is led to the slaughter,  
and like a sheep that before its shearers is silent,  
so he opened not his mouth.  
By oppression and judgment he was taken away;  
and as for his generation, who considered  
that he was cut off out of the land of the living,  
stricken for the transgression of my people?  
And they made his grave with the wicked  
and with a rich man in his death,  
although he had done no violence,  
and there was no deceit in his mouth.

Yet it was the will of the Lord to crush him;  
he has put him to grief;  
when his soul makes an offering for guilt,  
he shall see his offspring; he shall prolong his days;  
the will of the Lord shall prosper in his hand.  
Out of the anguish of his soul he shall see and be satisfied;  
by his knowledge shall the righteous one, my servant,  
make many to be accounted righteous,  
and he shall bear their iniquities.  
Out of the anguish of his soul he shall see and be satisfied;  
by his knowledge shall the righteous one, my servant,  
make many to be accounted righteous,  
and he shall bear their iniquities.  
Therefore I will divide him a portion with the many,  
and he shall divide the spoil with the strong,  
because he poured out his soul to death  
and was numbered with the transgressors;  
yet he bore the sin of many,  
and makes intercession for the transgressors.